



## NATIONAL RECORDS

**WOMEN** as at 1 October 2019

<u>45Kg</u>	<b>Wt (Kg)</b>	<b>Name</b>	<b>YOB</b>	<b>Date</b>	<b>Where</b>
Snatch	60	National Standard			
Clean & Jerk	73	National Standard			
Total	133	National Standard			
<u>49Kg</u>					
Snatch	64	National Standard			
Clean & Jerk	77	National Standard			
Total	141	National Standard			
<u>55Kg</u>					
Snatch	70	National Standard			
Clean & Jerk	83	National Standard			
Total	153	National Standard			
<u>59Kg</u>					
Snatch	72	National Standard			
Clean & Jerk	85	National Standard			
Total	157	National Standard			
<u>64Kg</u>					
Snatch	74	National Standard			
Clean & Jerk	87	National Standard			
Total	161	National Standard			
<u>71Kg</u>					
Snatch	76	National Standard			
Clean & Jerk	89	National Standard			
Total	165	National Standard			
<u>76Kg</u>					
Snatch	78	National Standard			
Clean & Jerk	91	National Standard			
Total	169	National Standard			
<u>81Kg</u>					
Snatch	80	National Standard			
Clean & Jerk	94	National Standard			
Total	174	National Standard			
<u>87Kg</u>					
Snatch	82	National Standard			
Clean & Jerk	97	National Standard			
Total	179	National Standard			
<u>+87Kg</u>					
Snatch	84	National Standard			
Clean & Jerk	100	National Standard			
Total	184	National Standard			