



NATIONAL RECORDS

MEN as at 5 February 2019

<u>55Kg</u>	Wt (Kg)	Name	YOB	Date	Where
Snatch	67	National Standard			
Clean & Jerk	85	National Standard			
Total	152	National Standard			
<u>61Kg</u>					
Snatch	84	National Standard			
Clean & Jerk	101	National Standard			
Total	185	National Standard			
<u>67Kg</u>					
Snatch	98	National Standard			
Clean & Jerk	121	EGAT King's Cup	1996	3-Feb-19	Chiang Mai
Total	220	National Standard			
<u>73Kg</u>					
Snatch	108	National Standard			
Clean & Jerk	131	National Standard			
Total	239	National Standard			
<u>81Kg</u>					
Snatch	120	National Standard			
Clean & Jerk	132	National Standard			
Total	252	National Standard			
<u>89Kg</u>					
Snatch	125	National Standard			
Clean & Jerk	152	National Standard			
Total	277	National Standard			
<u>96Kg</u>					
Snatch	130	National Standard			
Clean & Jerk	156	EGAT King's Cup	1991	5-Feb-19	Chiang Mai
Total	285	National Standard			
<u>102Kg</u>					
Snatch	136	National Standard			
Clean & Jerk	161	National Standard			
Total	297	National Standard			
<u>109Kg</u>					
Snatch	143	National Standard			
Clean & Jerk	170	National Standard			
Total	313	National Standard			
<u>+109Kg</u>					
Snatch	148	National Standard			
Clean & Jerk	180	National Standard			
Total	328	National Standard			