



NATIONAL RECORDS

MEN as at 15 March 2018

<u>56Kg</u>	Wt (Kg)	Name	YOB	Date	Where
Snatch	67	Cliff Wong Jia Hui	1990	10-Mar-18	S'pore National Open
Clean & Jerk	85	Cliff Wong Jia Hui	1990	10-Mar-18	S'pore National Open
Total	152	Cliff Wong Jia Hui	1990	10-Mar-18	S'pore National Open
<u>62Kg</u>					
Snatch	84	Ben Goh Zuo Fu	1994	10-Mar-18	S'pore National Open
Clean & Jerk	101	Ben Goh Zuo Fu	1994	10-Mar-18	S'pore National Open
Total	185	Ben Goh Zuo Fu	1994	10-Mar-18	S'pore National Open
<u>69Kg</u>					
Snatch	100	Joel Law	1993	21-Aug-17	FISU Universiade, TPE
Clean & Jerk	126	Joel Law	1993	21-Aug-17	FISU Universiade, TPE
Total	226	Joel Law	1993	21-Aug-17	FISU Universiade, TPE
<u>77Kg</u>					
Snatch	115	Derrick Kim	1983	23-Jul-11	S'pore Open
Clean & Jerk	140	Derrick Kim	1983	23-Mar-14	S'pore National Open
Total	255	Derrick Kim	1983	23-Mar-14	S'pore National Open
<u>85Kg</u>					
Snatch	120	John Cheah	1991	7-Sep-17	Commonwealth C'ship, AUS
Clean & Jerk	145	John Cheah	1991	7-Sep-17	Commonwealth C'ship, AUS
Total	265	John Cheah	1991	7-Sep-17	Commonwealth C'ship, AUS
<u>94Kg</u>					
Snatch	120	John Cheah	1991	18-Mar-17	S'pore National Open
Clean & Jerk	150	Sherwin Chia	1986	18-Aug-07	S'pore Open
Total	265	John Cheah	1991	18-Mar-17	S'pore National Open
<u>105Kg</u>					
Snatch	136	Scott Wong	1990	2-Jul-16	Hawthorn Victoria, AUS
Clean & Jerk	170	Scott Wong	1990	2-Jul-16	Hawthorn Victoria, AUS
Total	306	Scott Wong	1990	2-Jul-16	Hawthorn Victoria, AUS
<u>+105Kg</u>					
Snatch	136	Lewis Chua	1991	23-Mar-14	S'pore National Open
Clean & Jerk	180	Lewis Chua	1991	23-Mar-14	S'pore National Open
Total	316	Lewis Chua	1991	23-Mar-14	S'pore National Open